



NORTH CENTRAL  
**EMERGENCY CARE COUNCIL**  
ADVOCACY & EDUCATION

## **Go Red for Women Heart Walk**

**February 10, 2012**

**12:00 p.m. – 1:00 p.m.**

Free to Women of All Ages & Abilities

Meet at Riverfront Park - Fifth & Worthen Streets

Look for the Red Balloons

The Walk will progress along the park trail to the Boat House at  
Linden Tree and return.

Join us in our efforts to raise awareness among women  
as to the signs of heart disease & its prevention!

***Spend Your Lunch Hour Loving Your Heart!***



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